Fresh &z
fruit &z
gogurty
available
available
every day





The Willows Afterschool club Menu Week 1

Monday Tuesday Wednesday Thursday Friday

Ten fat
sausages,
sizzling in a
pan. Ten fat
sausages,
sizzling in a
pan. One
went POP
and the other
went BANG!

Hot dog Chicken Spaghetti
or or Cheese on toast
Vegetarian wrap &
Hot dog & Biscuits
Fruit Platter salad
popcorn

Pizza Crumpets
Slice Fruit
& Platter
Milk Tray bake
shake

Did you

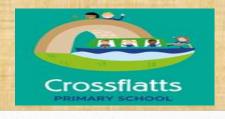
Blueberrie

Superfood

and eat some

this week!







The Willows Afterschool club Menu Week 2

Monday Tuesday Wednesday Thursday Friday

Assorted Beans sandwiches on toast & & Baked Milk Crisps shake

Pizza
slice
Salad
&
Biscuits

Vegetarian Quesadilla Fruit platter popcorn

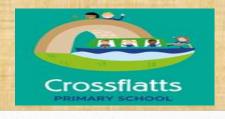
Toasted
Bagel
Fruit platter
Gingerbread
men

Did you know Salad our Salad our Sounts as I of smart super your and eat today!

Run, run as

Run,







The Willows Afterschool club Menu Week 3

Monday Tuesday Wednesday Thursday Friday

Pizza
slice
Salad
&
Milk
shake

Toasted Scrambled bagel egg on toast Fruit Fruit skewers platter Popcorn Biscuits

Pasta CI Bake w & to Garlic Fr bread Ti

Crackers
with various
toppings
Fruit platter
Tray bake

Your you know calcium to grow your sof calcium to grow of calcium of calcium your milk up day!

Did you

know

Pasta makes

you faster so

make

sure you eat

yours

this week!





The Willows Breakfast club Menu Week 3

Monday Tuesday Wednesday Thursday Friday

Available every day · Fresh fruit Yogurts 6 · Frubes · Fresh apple & orange Fresh milk

Choice of Choice of cereals cereals Toast Crumpet with with butter or butter or jam jam

Choice of Choice of Waffle cereals Bagel Toast Cream with with & Honey butter or jam

cereals With fruit butter or or jam Cereal/toast

Did you know we get our off to a great start by doing fun activities every day