



Breakfast Club Ingredient and Allergen List

Wheat Biscuits (Weetabix)

Ingredients:

Wheat (95%), Barley Malt Extract, Sugar, Salt, Niacin, Iron Oxide, Thiamin, Riboflavin, Folic Acid.

Contains : Barley, Gluten and Wheat

Tomato Ketchup

Ingredients:

Water, Tomato Paste (25%), Glucose-Fructose Syrup, Spirit Vinegar, Sugar, Modified Maize Starch, Salt, Acidity Regulator (Citric Acid), Preservative (Potassium Sorbate), Natural Flavouring.

Contains : None of the 14 Food Allergens

Soft Spread

Ingredients: Vegetable oils (Rapeseed Oil, Palm Oil, Sunflower Oil), Water, Salt, Emulsifier (Mono- and Di-Glycerides of Fatty Acids), Preservatives (Potassium Sorbate), Acidity Regulator (Citric Acid), Flavouring, Colour (Beta-Carotene), Vitamin A, Vitamin D.

Contains : None of the 14 Food Allergens

American Style Pancakes

Ingredients: Water, Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Sugar, Rapeseed Oil, Whey Powder (Milk), Cornflour, Buttermilk Powder (1.5%), Wheat Starch, Egg, Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Salt, Flavouring.

Contains : Gluten, Egg, Milk and Wheat

All Butter Croissant

Ingredients:

Wheat Flour (Wheat Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Water, Butter (Milk) (21%), Sugar, Yeast, Wheat Gluten, Egg, Salt, Wheat Flour, Flour Treatment Agent (Ascorbic Acid).

Contains : Gluten, Egg, Milk and Wheat

Pork Sausages

Ingredients: Pork Sausage (Pork 65%) Contains: Pork 65%, Water, wheat Flour (Calcium Carbonate, Iron, Niacin, Thiamine), Salt, Wheat Starch, Soya Protein Concentrate, Dextrose, Sodium Tri-phosphate, Raising Agent (Potassium Carbonate), Preservative (Sodium Sulphite), Potassium Nitrate, Sodium Ascorbate, Sodium Nitrite, White Pepper, Yeast Extract, Maltodextrin, Spice Extract, Citric Acid

Contains : Soya, Wheat, Gluten, Sulphites >10PPM

Crisp Puffed Rice (Rice Krispies)

Ingredients:

Rice, Sugar, Malted Barley Extract, Salt, Iron, Niacin, Pantothenic Acid, Riboflavin, Vitamin B6, Thiamin, Folic Acid, Vitamin D, Vitamin B12.

Contains : Barley

May contain : Milk and Soya

Fully Baked Plain Bagels

Ingredients:

Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Rye Flour, Sugar, Yeast, Maize, Rapeseed Oil, Salt, Malted Barley Flour, Emulsifier (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid), Wheat Starch.

Contains : Barley, Gluten, Rye and Wheat

May contain : Sesame

Teacakes

Ingredients:

Wheat Flour (with Calcium, Iron, Niacin, Thiamin), Water, Sultanas (8%), Currants (8%), Yeast, Sugar, Palm Oil, Salt, Rapeseed Oil, Emulsifiers (Mono- and Di-Acetyl Tartaric Acid Esters of Mono- and Di-Glycerides of Fatty Acids, Mono- and Di-Glycerides of Fatty Acids), Flavouring, Preservative (Calcium Propionate), Flour Treatment Agent (Ascorbic Acid).

Contains : Gluten and Wheat

May contain : Sesame

Müller Healthy Balance Smooth Mixed Yogurt

Ingredients:

Smooth Strawberry Yogurt (MILK), Water, Strawberry Puree (5%) , Sugar, Corn Flour, Natural Flavourings, Colouring Food: Beetroot Juice Concentrate, Culture : Bifidobacterium, BB-12[®]. Smooth Peach Yogurt (MILK), Water, Peach Puree (5%) , Sugar, Corn Flour, Natural Flavourings, Culture : Bifidobacterium, BB-12[®].

Contains : Milk

Sliced White Bread

Ingredients:

Wheat Flour [with added Calcium, Iron, Niacin, Thiamin*], Water, Yeast, Salt, Spirit Vinegar, Wheat Protein, Emulsifiers [E471, E472(e)], Preservative (E282), Vegetable Oils [Rapeseed, Palm] , Palm Fat, Flour Treatment Agent (E300), *Nutrients added by Law

Contains : Gluten and Wheat

Sliced Wholemeal Bread

Ingredients:

Wholemeal Wheat Flour, Water, Wheat Protein, Yeast, Salt, Emulsifiers [E471, E472(e)], Spirit Vinegar, Vegetable Oils [Rapeseed, Palm], Palm Fat, Flour Treatment Agent (E300)

Contains : Gluten and Wheat

Semi Skimmed Milk

Ingredients: Milk

Contains : Milk

Whole Milk

Ingredients: Milk

Contains : Milk

Eggs

Ingredients:

Ingredients: Egg.

Contains : Egg