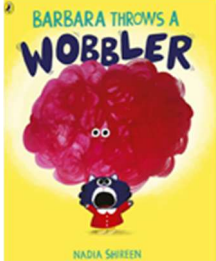
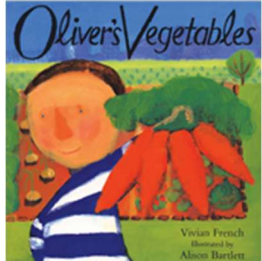
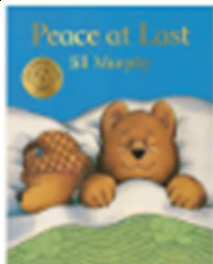
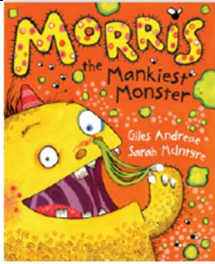
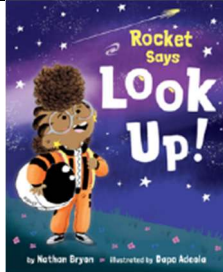
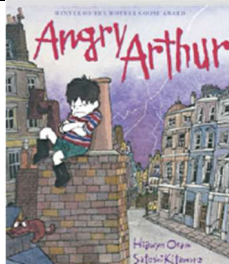
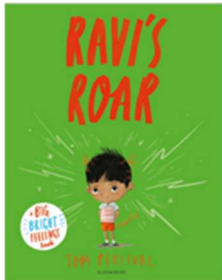
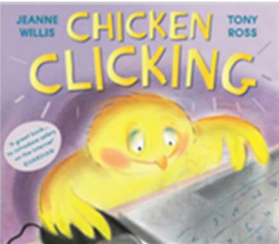
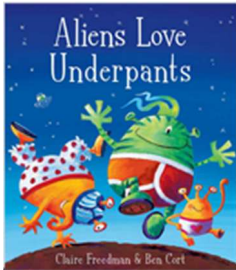
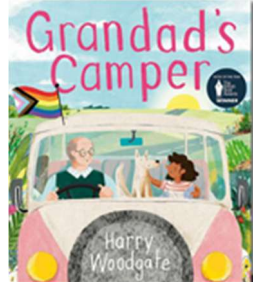
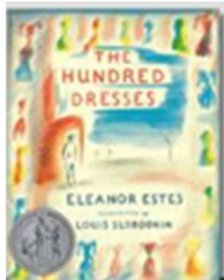
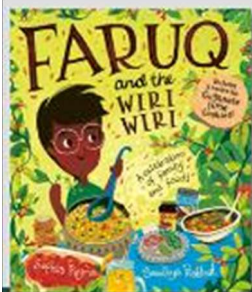
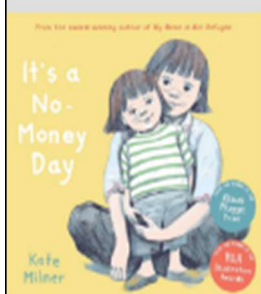
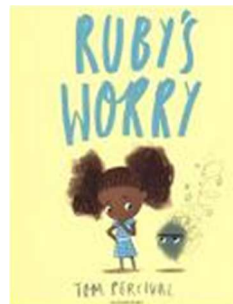


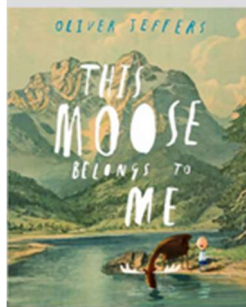
PSHE/RSE Long term plan 2026-2027

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	 Themes covered: Emotions Friendship Happy Sad Physical Activity	 Themes covered: Family Love Listening Sharing Manners	 Themes covered: Body Environment World Tidy	 Themes covered: Calm Anger Friendship Kind hands	 Themes covered: Exercise Healthy Plants Water	 Themes covered: Friendship Sharing Siblings

Year 1	 Themes covered: Tired Sleep Permission seeking	 Themes covered: Germs Healthy Hygiene Teeth brushing	 Themes covered: Devices Perseverance Road safety Strengths	 Themes covered: Anger Emotions Reactions Relax	 Themes covered: Family Change Love New beginnings	 Themes covered: Friendship New beginnings Change
Year 2	 Themes covered: Perfectionism Perseverance Pressure Self-Belief	 Themes covered: Anger Staying calm Difference Emotions Fair	 Themes covered: Online Safety Risk Value	 Themes covered: Names of body parts Safeguarding Secrets Touch	 Themes covered: Needs Refugee Respect Rights Trust	 Themes covered: Change Family Grief Loss Love

		Reflection Respect				
Year 3	 Themes covered: Addiction Balanced lifestyle Disappointment Environment Family Mental Wellbeing Nature Video Games	 Themes covered: Bullying Bystander Creative Friendship	 Themes covered: Balanced lifestyle Careers Cultural Heritage Healthy Eating Pressure	 Themes covered: Empathy Financial Knowledge Food Banks Money Poverty	 Themes covered: Anxiety Being safe Family Health and Prevention Mental wellbeing	 Themes covered: Community Feedback Growth Mindset Music

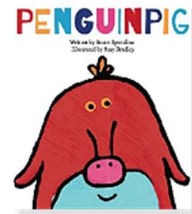
Year 4



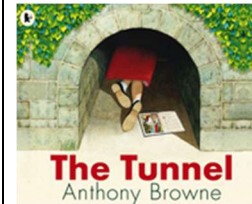
Themes covered:
Friendship
Law
Nature



Themes covered:
Bullying
Cultural Heritage
Diversity
Mental Wellbeing
Religion



Themes covered:
Cyberbullying
Data Sharing
Internet Safety
Neglect
Online Safety
Phishing
Scam



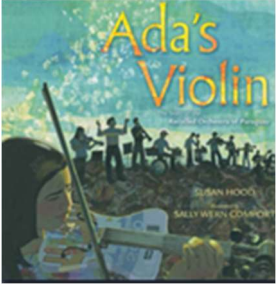
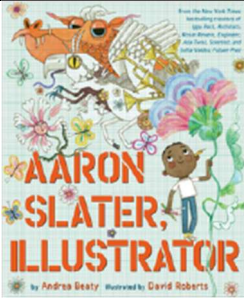
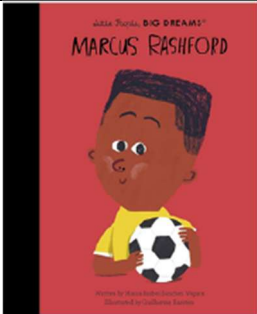
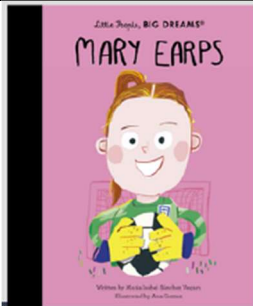
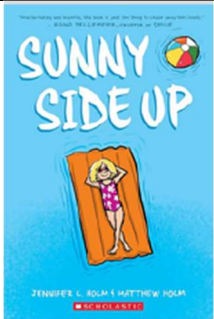
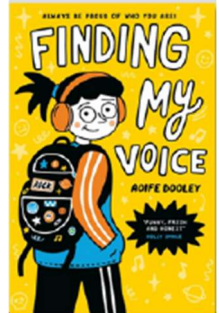
Themes covered:
Adventure
Curiosity
Family
Peer Pressure
Siblings



Themes covered:
Emotional
Management
Emotional Regulation
Emotions
Feelings
Puberty



Themes covered:
Language
Nature
Research
Respect
Sun Safety

Year 5	 Themes covered: Depression Mental Health Therapy	 Themes covered: Body image Self esteem Bullying Physical disabilities	 Themes covered: Environment Goals Gratitude Self-Esteem	 Themes covered: Puberty	 Themes covered: Cultural Celebrations Homophobia LGBTQ+ Same-sex Marriage	 Themes covered: Separation
Year 6	 Themes covered: Perseverance Goals Careers	 Themes covered: Racism Online safety	 Themes covered: Careers Equality Careers	 Themes covered: Harmful substances	Themes covered:	 Themes covered: Transition Goals

			Exercise	Peer pressure Consent		Careers Secondary school
--	--	--	----------	--------------------------	--	-----------------------------