

Here at Crossflatts Primary School Personal, Social, Health and Economic (PSHE) education is a central part of our curriculum. Through The Story Project, we teach a progressive, inclusive and emotionally rich PSHE curriculum which prepares children for life now and in the future. PSHE and RSE combined are also part of our eight-point Character and Culture compass at Crossflatts Primary School.

Our PSHE curriculum:

- Promotes wellbeing
- Teaches emotional literacy and regulation
- Builds respectful and inclusive relationships
- Develops healthy lifestyles
- Equips pupils to stay safe
- Supports responsible decision-making
- Builds financial awareness
- Encourages community participation and global citizenship

Our RSE curriculum covers:

Relationships Education (statutory)

- Families and the people who care for them
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe, including how to seek help and report concerns

Health Education (statutory)

Mental wellbeing, including recognising and expressing feelings

- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic first aid
- Changing adolescent body (puberty)

Science curriculum (statutory)

- The basic stages of the human life cycle
- How humans change and grow



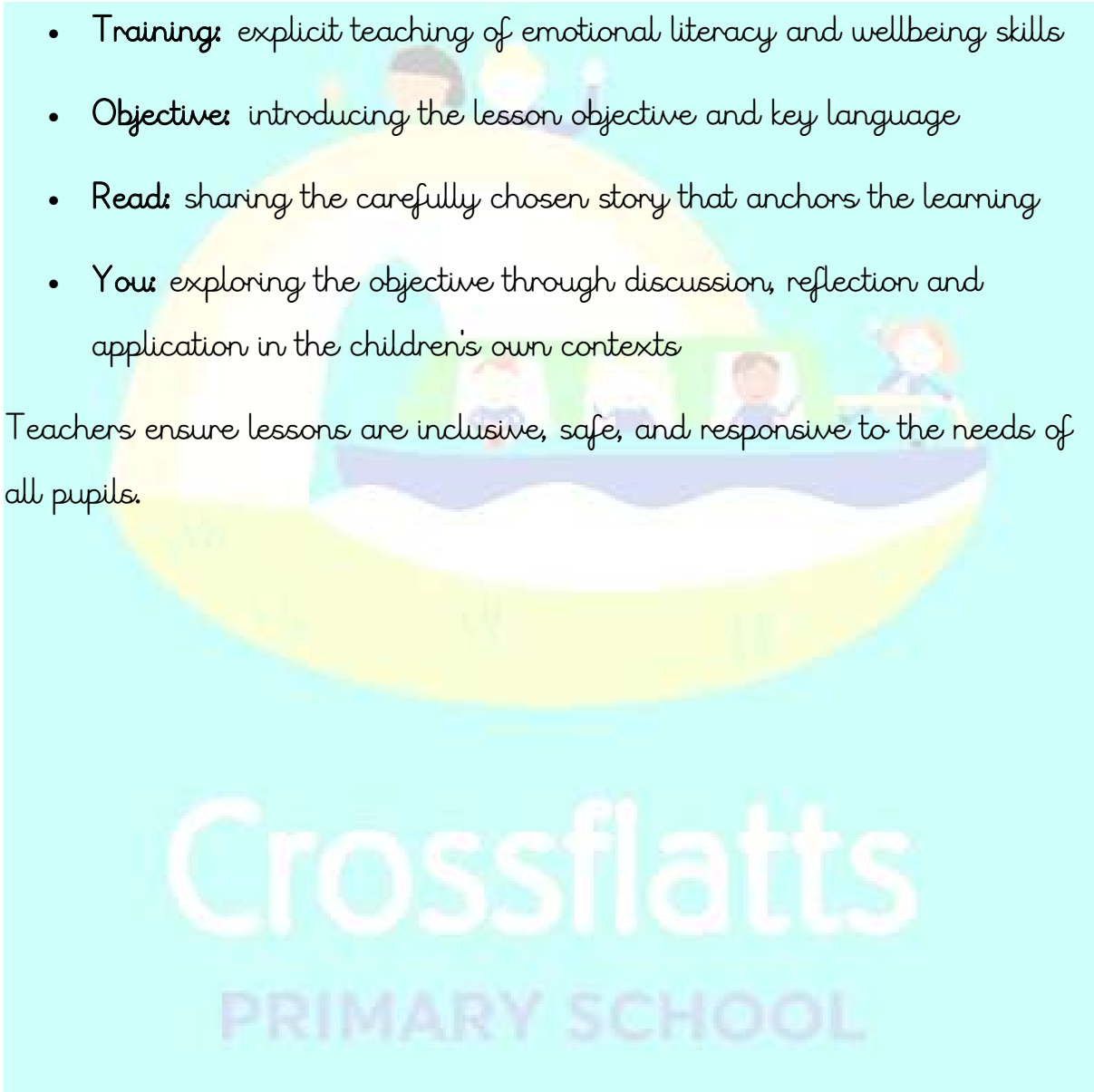


The RSHE and PSHE skills have been grouped into 6 Key Themes. Each key theme progresses through the primary journey, deepening and stretching children's skills and knowledge by fostering empathy and understanding. Our books don't just focus on one topic; they weave the 6 key themes throughout the units so that children learn in a holistic and connected way. By the end of primary school, children will have been exposed to characters and stories that enlighten, challenge, support and empower them. This helps to develop a toolkit of wellbeing skills that will stay with children as they grow.

Class teachers are trained to deliver high-quality PSHE lessons through The Story Project's structured lesson sequence:

- **Settle:** enabling children to settle into learning and develop self-regulation skills
- **Training:** explicit teaching of emotional literacy and wellbeing skills
- **Objective:** introducing the lesson objective and key language
- **Read:** sharing the carefully chosen story that anchors the learning
- **You:** exploring the objective through discussion, reflection and application in the children's own contexts

Teachers ensure lessons are inclusive, safe, and responsive to the needs of all pupils.



Crossflatts
PRIMARY SCHOOL